

JANUARY 2016

Solomon Lutheran School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 No School
4 Popcorn Chicken Green Beans Dinner roll Mixed Fruit Milk	5 Soft Shell tacos Refried Beans Pineapple Milk	6 Grilled Cheese Chicken Noodle Soup Baby Carrots Apple slices Milk	7 Pizza Broccoli Banana Milk	8 Chicken Nuggets Mashed potatoes Cinna Bar Grapes Milk
11 Hamburger Baked Beans Applesauce Milk	12 Sub Sandwich Baby Carrots Pears Milk	13 French Toast Hash browns Sausage OJ Milk	14 Orange Chicken Rice Broccoli Pineapple Milk	15 Pizza Sticks Green Beans Mixed Fruit Milk
18 No School	19 Walking Taco Refried Beans Pineapple Milk	20 Spaghetti Salad Dinner roll Grapes Milk	21 Pizza Baby Carrots Peaches Milk	22 Chicken nuggets Pretzel Peas Apple slices Milk
25 PB Apple Wraps Cinna Bar Baby Carrots Mixed fruit Milk	26 Hot dog Baked Beans Applesauce Milk	27 Mac & Cheese Broccoli Goldfish Crackers Pears Milk	28 Chicken Patty Sw potato fries Pineapple Milk	29 Pizza Bagels Salad Peaches Milk

News

Fresh fruit and veggies will be offered daily.

Options: PBJ with Cheese stick and whole grain goldfish crackers.

The Desserts added to menu are all whole grain and/or low fat.

New Item

Pizza Bagels on 1/29